



PHOENIX HEALTH SOLUTIONS LTD

The White Rose Surgery, Exchange Street
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Endoscopy Referral Guidelines and Eligibility Criteria

Healthcare professionals can view our current referral guidelines, including procedures provided, referral indications, patient eligibility and exclusion criteria, and arrangements for referrals outside the scope of the service.

Acceptance and Exclusion Criteria

General Exclusions

The following patients are not routinely suitable for treatment within the service:

- Patients under 18 years of age.
- Patients undergoing sedation who do not have a responsible adult available to:
 - Escort them home following the procedure.
 - Remain with them for 24 hours post-procedure.
 - Provide transport other than public transport.
- Patients undergoing sedation who are the sole carer for:
 - Children under 18 years of age.
 - Dependent adults requiring ongoing care.

Clinical Exclusions

The following conditions require review and are generally unsuitable for treatment within the community endoscopy setting:

Gastroenterology

- Known oesophageal or gastric varices.
- Screening procedures for varices.
- Known polyps greater than 10 mm requiring polypectomy.
- Suspected or confirmed acute upper or lower gastrointestinal bleeding requiring urgent/emergency assessment or endoscopy, including haematemesis, melaena, significant ongoing rectal bleeding or haemodynamic compromise.

Respiratory Conditions

- Severe Chronic Obstructive Pulmonary Disease (COPD).
- Patients receiving ambulatory oxygen therapy.
- Obstructive Sleep Apnoea (OSA) requiring CPAP therapy (clinical review required; patient must bring CPAP device if accepted).

Cardiovascular Conditions

- Uncontrolled hypertension:
 - Blood pressure ≥ 180 mmHg systolic and/or ≥ 110 mmHg diastolic.



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- Blood pressure ≥ 160 mmHg systolic and/or ≥ 100 mmHg diastolic with evidence of end-organ damage.
- Myocardial infarction within the previous six months.
- Recurrent pulmonary emboli within the previous six months.
- Angina on minimal exertion (New York Heart Association Class III or IV).
- Pacemaker patients requiring procedures involving diathermy.

Note: A pacemaker is not an exclusion for routine diagnostic endoscopy where diathermy is not anticipated.

Neurological Conditions

- Cerebrovascular accident (CVA) or transient ischaemic attack (TIA) within the previous six months.
- Advanced Parkinson's disease with severe tremor or immobility.
- Motor neurone disease.

Renal Conditions

- Chronic Kidney Disease Stage 4 or above (eGFR ≤ 30 ml/min).
- Haemodialysis patients.
- Ambulatory peritoneal dialysis patients.

Additional Requirement:

Patients with CKD Stage 2 or above undergoing bowel preparation must have Urea and Electrolytes (U&Es) available from within the previous three months.

Anaesthetic Risk

- ASA Physical Status Classification IV or V.
- BMI greater than 45 kg/m^2 .

Capacity and Mobility

- Patients lacking capacity to provide informed consent.
- Patients with dementia that impairs informed consent or safe discharge.
- Patients who are immobile, including:
 - Wheelchair users requiring significant assistance.
 - Patients requiring hoist transfers.

Pregnancy

- Pregnant patients.