



Phoenix
Health
Solutions

PATIENT INFORMATION

Diabetes – Tablet Controlled



Guidelines for patient with Diabetes undergoing a Colonoscopy – Tablet Controlled

With your appointment letter you will have received a low residue diet sheet and a bowel preparation with instructions.

Two days before taking the bowel preparation.

A low residue diet should be started two days before taking the bowel preparation. This is to ensure that your bowel is clear.

Day before the procedure

You may eat up until the time stated on your bowel preparation leaflet.

Do not eat solid food after this time but drink clear fluids.

Do not take the evening dose of your diabetic medications and follow bowel preparation instructions.

It is advised to monitor your blood sugar levels every 4 hours while taking the bowel preparation. If your blood sugars drop to 4mmol or below, then a sugary drink/glucose tablet can be taken and monitor blood sugars more closely.

Day of procedure – morning appointment

Do not take your morning dose of diabetic medication, but you can drink clear fluids up to two hours before your appointment time.

Your blood glucose levels will be checked before your procedure.

Your normal dose of diabetic medications and diet can be restarted after the procedure has been completed.