



**Phoenix**  
Health  
Solutions

# **PATIENT INFORMATION**

## **Endoscopy Instructions**



## ENDOSCOPY INSTRUCTIONS

Important information regarding your appointment

If you are taking WARFARIN, please stop 5 days prior to your procedure

If you are taking RIVORAXABAN please stop 48 hours prior to your procedure

If you are taking APIXABAN please stop 48 hours prior to your procedure

If you are taking RIVORAXABAN please stop 48 hours prior to your procedure

If you are taking APIXABAN please stop 48 hours prior to your procedure

If you are taking EDOXABAN please stop 24 hours prior to your procedure

If you are taking LANSOPRAZOLE or OMEPRAZOLE, please stop two weeks prior to procedure

If you are taking CLOPIDOGREL please stop 7 days prior to your procedure

If you are taking IRON TABLETS please stop 5 days prior to your procedure

If you are taking any other medicines, please take these as normal.

**IF YOU HAVE HAD A GASTRIC BAND OR BYPASS OPERATION, PLEASE START YOUR BOWEL PREPARATION 6 HOURS EARLIER THAN STATED.**

**PLEASE BRING A DRESSING GOWN AND SLIPPERS TO YOUR APPOINTMENT.**

**If you choose to have sedation:**

- Please arrange for a friend or relative to collect you and stay with you for 24 hours.
- Do not drive yourself home or drive a car for 24hrs after the examination.
- Do not go home on public transport.
- Do not operate machinery or drink alcohol for up to 24hrs.
- Do not sign important documents.
- You will not be able to work for 24 hours after your procedure.

**If you have sedation, you will be in the department up to one and a half hours. Unfortunately, due to the Covid situation, relatives are not allowed in the department unless there is a clinical reason for this. Relatives must wait outside in the car.**

